VICTORIAN PUBLIC MENTAL HEALTH OCCUPATIONAL THERAPY LEADERSHIP NETWORK (OTLN)

STRATEGIC PLAN 2021 - 2023



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SHARED VISION: People and communities are engaged in occupations that bring meaning and purpose to their lives, fostering health, wellbeing, participation and inclusion (OTA, 2021).

PURPOSE: We advance the interests of the Occupational Therapy (OT) profession working in Victorian Public Mental Health (VPMH) and seek to influence the VPMH sector so that the occupational needs and recovery aspirations of people and families, carers and supporters connected with VPMH services are met. When this is done well:

- People have meaningful and connected lives, which leads to better health and well-being outcomes
- Our workforce is equipped, highly valued, influential, motivated, occupation centred and modelling best practice
- People, families, carers, supporters and stakeholders understand and seek the contribution of Occupational Therapy.

CORE VALUES: Occupation centred, person & family led, collaborative, evidence informed & grounded in occupational science.

This is how we will get there...

STRATEGIC DIRECTIONS:

INFLUENCE

2 WORKFORCE

CONNECT

Shape sector reform

Increase OT workforce

capability & capacity

Strengthen OT connections

Build the Measure the **OT** brand **OT** impact

STRATEGIC ACTIVITIES:

Identify and prioritise opportunities for influence Engage with and influence workforce planning and development at an Industrial, Departmental and Organisational level

Support the development of mechanisms to establish sustainable OT connections and opportunities for innovation

Strengthen OT Capture and identity and clearly promote the articulate OT role evidence base

Engage proactively and timely in sector wide initiatives

Utilise OT Workforce Scoping

Support training and education to

Strengthen and promote Clearly define the supervision, mentoring and coaching value proposition for opportunities and structures all key stakeholders

Advocate for resources $to\, develop\, research$ and evaluation

 ${\sf Establishing}\ productive\ partnerships$ with key stakeholders

advance current workforce development priorities:

- 1. Sensory Modulation
- 2. OT Supervision
- 3. OT Assessment
- 4. OT Leadership
- 5. Occupational Formulations & Goals

6. OT Group work (CMHLOTWorkforce Scoping, 2021)

Develop resources that make it easier to communicate OT role, impact and value

Collectively evaluate the impact of OT in Victorian area mental health services

We will know we are making progress when...

Establish Action Groups and

Pop-Up Consults

SIGNALS OF **SUCCESS:**

Signals

- ► Identified and formalised partnerships with key stakeholders
- ► Guidelines developed for OTLN to establish and evaluate Action Groups and Pop-Up Consults
- ► Active participation in consultations and committee representation
- ► Statewide leadership role established

Signals

- ▶ Data indicators for workforce demonstrate growth in workforce structures, numbers and skill
- ► Equitable access to purposeful and effective training in priority areas
- ► Proactive participation regarding workforce at an Industrial, Departmental and Organisational level

- ► Established sustainable Communities of Practice
- ► Regional services are connected and supported
- ► Increased participation OTLN activities and communities of practice

Signals

- ▶ Resources to support OTs to communicate their role, value and impact
- ▶ Partnership with lived experience and universities to support a coordinated approach to quality improvement, evaluation and research of impact of OT
- ▶ Best practice summaries and/or position statements are available

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The Occupational Therapy Leadership Network (OTLN) is comprised of highly committed occupational therapy leaders from across Victorian public clinical area mental health services.

Each of the 23 Victorian Area Mental Health Services contributed to this strategic planning process. It included workshops led by Foresight Lane (22.4.21 & 25.5.21) auspiced by The Centre for Mental Health Learning (CMHL) Victoria, following Statewide Occupational Therapy Workforce Scoping. A Design Group coordinated the project led by Phoebe Williamson (CMHL Statewide Mental Health Occupational Therapy Educator), Rachael Starbuck (St Vincent's Health), Frances Foster (The Royal Melbourne Hospital NorthWestern Mental Health) & Karen Urlic (Eastern Health). This strategic plan was endorsed by the OTLN during quarterly meeting on 5.8.21. This Strategic Plan Visual A3 document is accompanied by a Strategic Directions Statement. We value the contribution and commitment of all Victorian Area Mental Health Services towards this strategic plan.



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