

## Southern Dual Diagnosis Training Calendar February – April 2021

Date	Time	Cost	Title of Training (expected outcomes)	Mode of Delivery (online/face to face/blended)	Duration and No of sessions	Targeting local services or available statewide	Target Audience
09/02/2021	11am – 1pm (2 hrs)	\$30	<b>Mental State Examination</b> <ul style="list-style-type: none"> <li>What is a mental state examination?</li> <li>Explore different aspects of a MSE</li> <li>Conducting a MSE – a chance to practice in a safe space</li> </ul>	online	1	Local services	MHCSS/AOD but open to all workforces
11/02/2021 and 18/02/2021	10am – 12.30pm  (2.5 hrs session x 2)	\$220 stake holders  \$275 non-stake holders	<b>Mental Health First Aid</b> <ul style="list-style-type: none"> <li>Learn to recognise common mental health problems</li> <li>Learn how to provide initial help to someone experiencing a mental health problem using a practical evidence-based action plan</li> <li>Practice new skills in a safe environment</li> </ul>	Blended	2 separate sessions held over 2 days	statewide	MHCSS / AOD / Peer / LEW / Consumers / Carers
11/02/2021	11.30am – 1 pm (1.5 hrs)	\$20	<b>Harm Reduction</b> <ul style="list-style-type: none"> <li>What is harm reduction?</li> <li>Ways to consider risk/harms</li> <li>The fundamentals of harm reduction</li> <li>What it looks like in practice</li> </ul>	Online	1	Local Services targeted, but available statewide	Open to all workforces

24/02/2021	1pm – 2.30pm  (1.5 hrs)	FREE	<b>Dual Diagnosis Network Meeting</b> <ul style="list-style-type: none"> <li>• Bi monthly meetings bringing together workers in the Southern Region to meet and discuss issues that are relevant to the field of dual diagnosis</li> <li>• Guest speaker to be confirmed closer to the time</li> </ul>	Online	1	Local Services targeted, but available statewide	Open to all workforces
25/02/2021	9.30am - 12pm  (2.5 hrs)	\$30	<b>Opioid Treatment</b> <ul style="list-style-type: none"> <li>• Learn the effective treatments for people who use opioids</li> <li>• How do they work and what is considered?</li> <li>• Presented by our Addiction Specialist</li> </ul>	Online	1	Local services target, but available statewide	Open to all workforces
16/03/2021	1-2pm  (1 hr)	FREE	<b>Overdose Response Training</b> <ul style="list-style-type: none"> <li>• Learn how to identify people at risk of overdose</li> <li>• Overdose prevention and reversal</li> <li>• Opioid harm reduction</li> </ul>	Online	1	Local services targeted, but available statewide	Open to all work forces
24/03/2021	10am – 12.30pm  (2.5 hrs)	\$50	<b>Adolescent Development &amp; Substances</b> <ul style="list-style-type: none"> <li>• Learn about the developing brain and the impact of substance use</li> <li>• What are the practical implications for supporting young people with a dual diagnosis?</li> </ul>	Online	1	Local services targeted, but available statewide	Open to all workforces working with young people

13/04/2021 and 20/04/2021	10am - 12.30pm  (2.5 hrs)	\$50	<b>Introduction to Dual Diagnosis (part 1 and part 2)</b> <ul style="list-style-type: none"> <li>• Dual diagnosis explained</li> <li>• Prevalence and impacts of ddx</li> <li>• Policies and legislative framework</li> <li>• Psychoactive substances and effects on mental health</li> <li>• Stigma and barriers to treatment</li> <li>• Screening and assessment</li> <li>• Stages of change and interventions</li> </ul>	Online	2 separate sessions held over 2 days	Local services targeted, but available statewide	Open to all workforces
28/04/2021	1pm – 2.30pm  (1.5 hrs)	FREE	<b>Dual Diagnosis Network Meeting</b> <ul style="list-style-type: none"> <li>• Bi monthly meetings bringing together workers in the Southern Region to meet and discuss issues that are relevant to the field of dual diagnosis</li> <li>• Guest speaker to be confirmed closer to the time</li> </ul>	Online	1	Local services targeted, but available statewide	Open to all workforces