



# OT Education Day CanMOP - Evaluation Summary

On 21<sup>st</sup> November 2023, Public Mental Health Occupational Therapists across Victoria joined together for an online conference on the theme of 'Evolving OT Mental Health Practice – Understanding Contributions of the Canadian Model of Occupational Participation (CanMOP)'. It was coordinated by the Victoria n Centre for Mental Health Learning (CMHL) and featured prominent industry speakers from lived experience, First Nations, academic and clinical perspectives.

## Who participated

**330**

registrations of  
a total...

**60%**

OTs working in Victorian  
Public Mental Health services

Representing...

**56%** of metro & **42%** of regional OT  
workforces

Participants were from a range of OT experience  
levels from less than 2 years in mental health (27%)  
to 2-10 years (33%) to 10+ years (40%).

## What OTs learned

Learning objectives (% achieved or partially achieved)



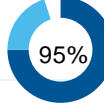
Consider how the evolution of Canadian model of  
occupational participation (CanMOP) sits within  
contemporary mental health practice in Australia



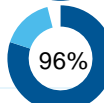
■ Achieved  
■ Partially  
Achieved



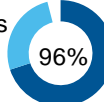
Describe the elements of the CanMOP that can  
enhance my collaborative relationship-  
focused occupational therapy practice.



Identify opportunities to enhance partnerships with  
consumers, carers, families, supporters, workforces  
and communities to foster recovery and wellbeing.

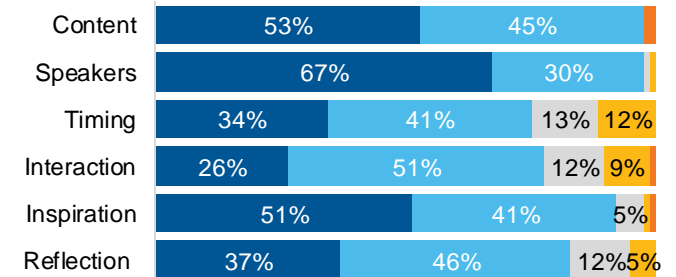


Reflect on your own practice and identify opportunities  
for growth towards contemporary occupation focused  
practice and systems change.



## How OTs rated the day

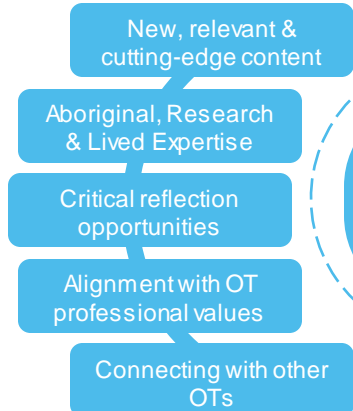
Overall satisfaction: **4.4** mean rating out of 5



■ Very satisfied ■ Satisfied ■ Neutral ■ Somewhat dissatisfied ■ Very dissatisfied

## Summary of open-ended comments from participants

OTs enjoyed most about the day...



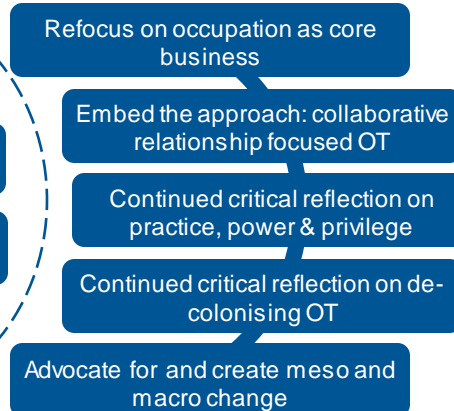
And at the end of  
the day they felt...

Challenged,  
inspired, invigorated  
and motivated to  
reflect on, continue  
and improve their  
OT practice.

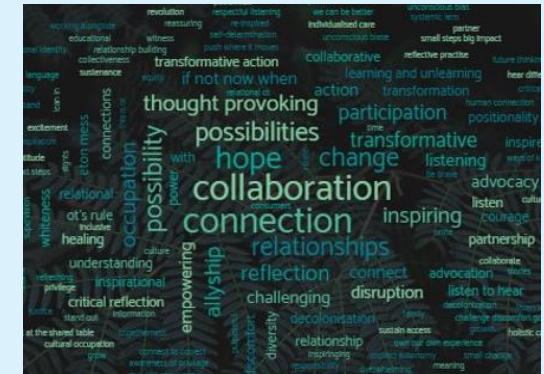
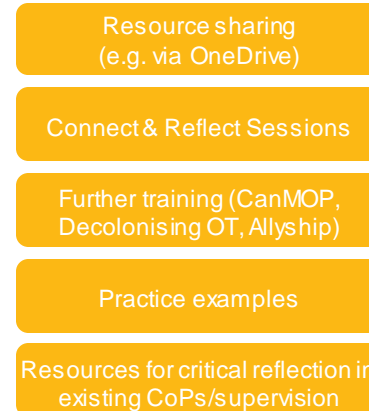
Short-term goals...



And long-term goals...



Follow-up supports that CMHL  
could offer were identified:



Key Takeaways from 315 OTs who participated

For more information, contact CMHL  
OT Educators at [contact@cmhl.org.au](mailto:contact@cmhl.org.au)