

Lived Experience Workforce Leadership & Collaboration Model

The vision of CMHL is to be the centrepiece for mental health learning in Victoria; leading and driving innovation that strengthens and sustains a flexible, curious, knowledgeable and recovery focused workforce. The CMHL recognises that to achieve this vision it must draw on the unique wisdom and expertise of the LEW.

The Lived Experience Workforce Leadership and Collaboration Model (the 'Model') establishes the principles, processes and platforms that enable the Consumer and Family/Carer Lived Experience Workforces (LEW) to inform and make a meaningful contribution to the work of the CMHL.

Our Vision for LEW Leadership and Collaboration

Easily accessible discipline specific training and development opportunities produced by and for consumer and family/carer workforces.

Mental health leadership and development systems fully integrate, value and rely on lived experience expertise.

Lived experience leadership is an integral part of the ongoing evolution of the CMHL; shaping the language, tone, voice and the work of the organisation.

The Principles That Underpin It All

Consumer and family/carer workforces are valued and equipped

Dynamic and innovative, effecting meaningful change

Broad engagement and great communication

Courage to learn through doing and reflecting

Key Features

Live Learn Lead Collective (LLLC) provides leadership:

Oversees planning & priority settings, pulse check & model learning, advocates for resources, troubleshoots, assesses emerging opportunities, sets scene for great communication and engagement.



CMHL Governance:

LEW also participate in other CMHL governance groups.

Next Steps Roadmap

Initiate Think Tank Activity including polls and design pop ups

Establish Live Learn Lead Collective

Establish 4 ActionTeams and projects

Promote the Model principles across CMHL governance and leadership structures

Build shareable material to promote the Model

Build tools to encourage CMHL staff to adopt principles in relevant projects

The Model Development Process

In April of 2020 the CMHL issued an open invitation for LEW to participate in a process to co design the model for CMHL LEW collaboration and leadership. Twenty-nine members of the LEW participated the process which included Zoom workshops, online surveys, video briefings and emails. Together they brought their collective wisdom, intelligence, creativity and resourcefulness to:

- Build a shared vision that captures their best hopes for the Model
- Create test and twist concepts (e.g. principles, platforms and processes)
- Agree on a smart place to start so that we can get runs on the board and build momentum
- Identify opportunities to attract more LEW into the process
- Introduce processes that enable everyone to learn as we go and to adapt the model over time.

For more information about the Model, the process or to get involved peerinside@cmhl.org.au

