



Access to Supervision Project Supervisee Application

We are pleased to announce the launch of the Access to Supervision Project for 2022-2023. The Access to Supervision Project is a collaboration between DHHS, VMIAC, Tandem and the Centre for Mental Health Learning (CMHL).

The purpose of the project is to provide a number of funded lived experience (LE) discipline specific supervision sessions to eligible consumer or family/carer LE workers currently employed in a Victorian mental health service. The total budget for each approved supervisee is \$1500.00 and must be utilised before the end of project in May 2023.

If you do not have access to LE discipline specific supervision from a LE discipline specific supervisor then we want to hear from you. Please fill out the form on the next page.

To ensure supervisees have access to high quality supervision, supervisors for this project must meet the following criteria:

- At least 2 years' experience in a consumer or family/carer designated role.
- Completion of the Consumer Perspective Supervision Training or committed to working from the underpinning principles and values of the Consumer Perspective Supervision Framework, or
- Committed to working from the underpinning principles and values of the Carer Perspective Supervision framework.
- Have attended supervision training or can demonstrate equivalent consumer or family/carer perspective experience and expertise. (e.g., testimonial(s) from past or current supervisor, supervisee or LE colleague attesting to your knowledge and adherence to the values and principles of your discipline).
- Are receiving discipline specific supervision or equivalent support related to their lived experience practice.

If you would like to provide supervision for the Access to Supervision Project, please follow the process described on the Supervisor Application document.

If you would like to discuss this further please contact Cat Van Remmen, at peerinside@cmhl.org.au.

Supervisee applications close on Thursday 30th of June 2022 or when allocations have been exhausted.

Access to Supervision Project Application Form for Supervisees

Name: _____

Email address: _____

1. Are you a:

- consumer lived experience worker, or a
- family/carer lived experience worker

2. Which Victorian mental health service do you work for?

3. What is your role at your service?

3. Please tick if **any** of the following statements that apply to you:

- No current access to discipline specific supervision from a supervisor working in a lived experience position.
- Been in a lived experience role for less than 12 months
- Been in a lived experience role for more than 2 years without access to LE supervision
- Work on your own (without an established lived experience team or network).
- Received supervision under the previous Access to Supervision Pilot Project

Applicants will be selected based on the above criteria with priority given to those most in need. If approved for the Access to Supervision Project you will be provided with supervision sessions to the value of \$1500.00 to be used before the end of the project in May 2023. The supervision sessions will be provided by an approved supervisor registered with the project.

Please email this completed form to peerinside@cmhl.org.au, if approved you will receive a letter detailing your budget, how your sessions will be tracked and how to select a supervisor from the CMHL Database.

If you would like to discuss this further, please contact Cat Van Remmen at:
peerinside@cmhl.org.au